

A Narrative Review on Radiation Oncology Physician Well-Being in the United States

Description

Despite limited studies on burnout among radiation oncologists in the United States, especially when compared with data from other countries, there is a prevalence of burnout among radiation oncologists of all career stages, including trainees, attendings, program directors, and academic chairs. This narrative review summarizes articles reporting on burnout and well-being among attending and resident radiation oncologists in the United States, examines burnout at career stages, discusses the impact of COVID-19, and provides strategies to reduce burnout in the radiation oncology field.

Learning Objectives

Upon completing this activity:

1. Physicians will understand the state of well-being and repercussions of burnout among radiation oncology attendings and trainees in the United States.
2. Physicians will be able to adapt strategies that can reduce burnout, increase personal fulfillment, and create a culture of well-being within the radiation oncology setting.

Authors

Kimberly R. Gergelis, MD;¹
 Kimberly S. Corbin, MD;²
 Kaitlin W. Qualls, MD;²
 Yuhchyan Chen, MD, PhD;¹
 Nadia N. Laack, MD²

Affiliations: ¹Department of Radiation Oncology, Wilmot Cancer Institute, University of Rochester Medical Center, Rochester, NY;
²Department of Radiation Oncology, Mayo Clinic, Rochester, MN

Target Audience

- Radiation oncologists
- Related oncology professionals

Commercial Support

None

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